

MONTVILLE SENIOR HOUSE

356 Main Rd., Montville
973-299-5087

MONTHLY NEWSLETTER

Party time! Tickets are available now for our Wednesday, August 17th Senior House “Beach Party”. Come join us for a “fun in the sun” party with lunch and entertainment. Space is limited so stop by the office today for your ticket! Tickets are \$2/pp and include lunch and dessert as well as a few surprises!



Final payments for our Washington D.C. Trip are due by August 15th. There are still a few spots open if anyone would like to join us. This 3 day/2 night trip includes coach transportation, hotel, breakfasts and dinners as well as all museum entrance costs & fees. See Nancy for details ASAP.

Licensed Yoga Instructor, Sonja Schloss, will be holding a FREE Yoga Class Demonstration on Monday, August 8th at 12pm. Sonja has been a registered Yoga instructor for over 10 years and offers classes from Chair Yoga for Seniors to more expert and meditative programs. Yoga offers increased strength, flexibility, balance, coordination and mobility. Space for this demonstration class is limited so please sign-up today. Sign-up sheet is posted on the board.

There are still NJ Senior Farmers’s Market Vouchers available for qualifying residents. Seniors who meet annual income eligibility are entitled to \$20 in free NJ grown produce from participating farmers markets. A list of participating markets is posted on the board as well as eligibility guidelines. See Nancy today to get your vouchers!

August 2011

Weekly Classes/Activities:

Tai Chi – Mondays @ 10am
Senior Exercise Class – Mondays and Wednesdays @ 11am
Line Dancing – Wednesdays @ 9:30am
Watercolor Class – Wednesdays @ 1:30pm
Mahjongg – Mondays and Thursdays @ 1:00pm
Pokeno– Wednesdays @ 12:30pm
Poker – Tuesdays @ 1pm
Bingo – Tuesdays/Thursday @ 11am
Bridge – Thursdays 10am
“Back Room” Bingo – 2nd & 4th Fridays @ 11am
Zumba – 2nd and 4th Fridays @ 11:30am
Knitting Club – Tuesdays @ 1pm

August Special Events:

August 5 – Senior Club Meeting – 12:30pm
August 8 – FREE Yoga Demonstration Class – 12pm
August 8 – Senior Club Mt. Airy Casino Trip
August 12 – Boonton Lanes Bowling Club – 9am
August 12 – Movie Day – 12:45pm
August 17 – Senior House Beach Party – 1:00pm
August 17 – NO Exercise or Watercolor Classes
August 19 – Senior Club Meeting – 12:30pm
August 23 – Blood Pressure Screening – 11:30am
August 26 – Movie Day – 12:45pm

SENIOR HOUSE NEWS/ANNOUNCEMENTS

SAVE THE DATE! Don't forget to mark your calendars for our Annual Senior Picnic being held on Wednesday, September 21st at the Montville Community Park Pavilion. Sign-up sheet is posted on the board and space is limited so sign up today!

The Senior House would like to extend our thanks to local piano and cello duo "The Moonlight Duo" for their beautiful program they performed for us on July 8th.

The Senior House is proud to sponsor "The King is Back" Viva Las Vegas Show and Luncheon at The Landmark in East Rutherford. Wednesday, October 26, 2011 - \$40/pp including bus transportation, lunch, show and one complimentary drink. Space is limited so sign up with Nancy today!

🎵 Happy Birthday to You! Mark your calendars! August and September birthdays (and any summer birthdays who may have been away) are invited to our End of Summer Birthday Breakfast on Monday, September 12 at 9:30am. Sign-up sheet is posted.

SENIOR CLUB NEWS:

The Senior Club has had a busy summer with several trips and a bonus party thrown in! In June they visited Wildwood while in July they spent the day at the Hunterdon Hills Playhouse. The month was topped off by their 1940's Themed USO Party! In August the Club will be going to Mt. Airy Casino and in September taking a Water Gap Trolley Ride. Sign up to be a member and take advantage of the many programs and activities the club runs throughout the year. Initial membership is \$20 decreasing to \$15 in subsequent years.

Take a trip back in history and join the Senior Club on a witch hunt to Salem Massachusetts! This 4 day/3 night trip includes a day in Boston, transportation, hotel accommodations, breakfast, dinner and all museum and activity fees. October 14th – 17th – trip details are on the Senior Club Board or call Ceil Winters for more information.

Mark Your Calendars! The Senior Club Annual Anniversary and Christmas Parties have been scheduled. The Anniversary Party is Wednesday October 12th and the Christmas Party is Sunday December 11th, both at the Hanover Manor. Watch the bulletin for details as we get closer.

At the Senior Club's wonderful 1940's Party on Friday, July 15th, they were treated to a surprise visit by the Andrew Sisters, performing their timeless classic "Boogie Woogie Bugle Boy". Below are the lovely sisters themselves!



Thanks to Ben Visentin, Gerry Gemian and Carmen Guarino for being such great sports and entertaining us all!