

MONTVILLE SENIOR HOUSE

356 Main Rd., Montville
973-299-5087

MONTHLY NEWSLETTER



The Senior House would like to thank the Montville Township Chamber of Commerce and Casha & Casha Law Firm for another outstanding Senior Seminar. This year the theme of "Sowing the Seeds for Nurturing Your Mind Body and Soul." resonated well with our seniors as speakers talked about the warning signs of senior depression and battling loneliness and the opportunity to be part of our Community Gardens. Boxed lunch was provided by Mara's in Montville and entertainment by Scott Giaquinto rounded out a wonderful day of informative presentations, vendor displays, and great comraderie. We look forward to next year's exciting program.

Our Senior Exercise Schedule has changed again! We are now offering Senior Aerobics on Mondays at 11:30am in addition to our Wednesday 11am class. We have also added Strength & Balance Class on Mondays at 12:45pm. Check the board for details.

The seniors enjoyed a wonderful trip to Wildwood in May. This 4 day trip included visits to Cape May and Smithtown as well as two days in Atlantic City. A special thanks to trip coordinator Evelyn Best for organizing such a successful get-away.

The township is currently making improvements to our parking lot by removing the large island and replacing it with handicapped parking. Please be patient while these improvements are being completed and use caution while parking near the construction.

JUNE 2012

Weekly Classes/Activities:

Tai Chi – Mondays @ 10am
Senior Aerobics Class – Mondays @ 11:30am
Strength & Balance Class – Mondays @ 12:45pm
Drawing Class – Mondays @ 1:45pm
Senior Aerobics Class – Wednesdays @ 11am
Yoga Class – Wednesdays @ 12pm
Line Dancing – Wednesdays @ 9:00am
Watercolor Class – Wednesdays @ 1:30pm
Mahjonn – Mondays and Thursdays @ 1:00pm
Pokeno – Wednesdays @ 12:30pm
Poker – Tuesdays @ 1pm & Wednesday Nights @ 6:30pm
Bingo – Tuesdays/Thursday @ 11am
Back-Room Bingo – 2nd & 4th Fridays @ 11am
Knitting Club – Tuesdays @ 1pm

JUNE Special Events:

June 1 – Senior Club Crazy Hat Party – 1pm
June 5 – CLOSED – Election Day
June 8 – Boonton Lanes Bowling
June 8 – Movie Day – 1pm
June 15 - Senior Club Regular Meeting – 1pm
June 18 – Cape Cod Trip Departs
June 22 – Cape Cod Trip Returns
June 29 – Moonlight Duo Concert – 1pm

SENIOR HOUSE NEWS:

Please join us for an afternoon of musical delight! The Senior House is proud to present *The Moonlight Duo* (cello & piano duet) who will be performing their 1 hour classical presentation on Friday, June 29th at 1:00pm. This classical performance will be followed by coffee and dessert. Space is limited so please sign-up on the board!

CAPE COD: Our June 18-22 Cape Cod trip is ready to go! We will be meeting at the Senior House at 7am on Monday June 18th. If you did not get your emergency contact information to Nancy or Nikki please do so ASAP.

PENNSYLVANIA OPRY: Unfortunately due to unexpected cost increases we have canceled the October overnight to the Pennsylvania Opry. We will be looking for new opportunities to replace this trip so watch the board for upcoming announcements!

OKTOBERFEST AT THE BROWNSTONE: Our October 26th Luncheon trip to the Brownstone is FULL. We are taking names on the waiting list only and payments are due by July 15. Checks should be made payable to "Montville Township" - \$45 p/p.

 Happy Birthday to You! We will be hosting our May & June Birthday Breakfast Celebration on Monday, June 25th at 9:30am. Please sign up to be included!

MARK YOUR CALENDARS! Our Annual Senior House Picnic is being planned for Wednesday, September 19th. Details will be posted over the Summer.

Please remember that we will be closed Tuesday, June 5, 2012, for Election Day. There will be NO Lunch Program, Activities or Classes.

Summer is fast approaching so please remember to prepare accordingly for warm weather: keep hydrated and use a minimum 15spf sunscreen when working or entertaining outdoors. The Senior House will be open all summer with new and interesting programs and events.

SENIOR CLUB NEWS:

The Montville Senior Club is always looking for new members! The Club meets the 1st and 3rd Friday of each month and sponsors many exciting and discounted trips and activities throughout the year. Initial membership is \$20 p/p dropping to \$15 p/p in subsequent years. For more information call Club Membership Director – Robert Domenick at 973-227-3011.

Montville Chamber of Commerce Member and Owner of Barry's Pharmacy, Barry Braverman, will be speaking at the June 15th Senior Club Meeting. Barry has dropped off some survey forms for the seniors to fill out beforehand so he can make sure he addresses our club members needs and concerns. See Nikki for more information.

The Senior Club is busy putting together a full and exciting calendar for 2012. Some dates to reserve:

June 1, 2012 – Crazy Hat Party – 1pm
July 11-12, 2012 – Amish Country/Sight & Sound Museum Trip*
August 13, 2012 – Mount Airy Casino Trip
September 9-13, 2012 – Virginia Beach Trip*
September 26, 2012 – Mount Havon Dinner Trip
October 10, 2012 – Annual Anniversary Party Dinner/Dance
November 16, 2012 – Thanksgiving Luncheon
December 9, 2012 – Annual Holiday Party @ Hanover Manor
December 21, 2012 – End of Year Luncheon

*There is still space available for the July Amish Country Trip as well as the September Virginia Beach Trip. The Amish July 11-12 trip is \$215p/p double or \$\$255p/p single. The Virginia Beach September 9-13 is \$459p/p double and \$568p/p single. If you are interested call Ceil Winters or Nikki Basil asap.

Keep checking the board for additions and changes to the schedule!