

# MONTVILLE SENIOR HOUSE

356 Main Rd., Montville  
973-299-5087

## MONTHLY NEWSLETTER



# MARCH 2012

The Senior House will be restructuring our weekly Exercise class schedule starting in April. We'd like to extend our best wishes and sincere appreciation to Exercise Instructor Pat Cavell. After 10 years here at the Senior House, Pat is leaving us at the end of the month to spend some much deserved time with her family and friends! Pat's commitment to our seniors and our health and well-being are truly appreciated and we will miss her! In Pat's absence we will be starting new classes and new schedules on April 2<sup>nd</sup>. Our new schedule will include Senior Aerobics, Senior Zumba Gold and Yoga. Full schedule will be posted soon.



Our March calendar is bursting with programs, trips and special events this month. We are sponsoring three day trips in March: Wednesday March 14 to the Taj Mahal Casino, Atlantic City; Tuesday March 20 to the Brownstone St. Joseph's Day Luncheon; and Thursday March 29 to the State Theatre in New Brunswick for "The Lord of the Dance". In addition to these trips we are hosting our next in our series of Women in History Programs "Nellie Bly" on Friday March 9<sup>th</sup>.

Valley View School is holding their annual Senior Citizen Brunch on Monday, March 12<sup>th</sup> at 10:30am and Lazar Middle School is holding their annual Senior Prom on Thursday, March 29<sup>th</sup> at 5:00pm. Check out the board for details. These events are for Montville Township Residents only.

Final payments are due now for our St. Joseph's Day Luncheon (\$40p/p) and the State Theater Trip (\$45p/p). Checks payable to "Montville Township".

### Weekly Classes/Activities:

Tai Chi – Mondays @ 10am  
Senior Exercise Class – Mondays and Wednesdays @ 11am  
Balance & Strength Class – Wednesdays @ 12:15pm  
Arthritis Exercise Class – Mondays @ 12pm  
Beginning Line Dancing – Wednesdays @ 9:30am  
Intermediate Line Dancing – 2<sup>nd</sup> & 4<sup>th</sup> Fridays @ 9:30am  
Watercolor Class – Wednesdays @ 1:30pm  
Mahjongg – Mondays and Thursdays @ 1:00pm  
Pokeno – Wednesdays @ 12:30pm  
Poker – Tuesdays @ 1pm & Wednesday Nights @ 6:30pm  
Bingo – Tuesdays/Thursday @ 11am  
Back-Room Bingo – 2<sup>nd</sup> & 4<sup>th</sup> Fridays @ 11am  
Knitting Club – Tuesdays @ 1pm

### March Special Events:

March 2 – Senior Club Regular Meeting – 1pm  
March 9 – "Nellie Bly" Show – 1pm  
March 12 – Valley View Senior Brunch – 10:30am  
March 13 – Blood Pressure Screening – 11:30am  
March 14 – Taj Mahal Day Trip – 8:30am  
March 15 – Tax Preparation Day  
March 16 – Senior Club St. Patrick's Day Party – 1:00pm  
March 20 – Brownstone St. Joseph's Luncheon – 10:00am  
March 26 – March/April Birthday Breakfast – 9:30am  
March 29 – "The Lord of the Dance Show" – 8:00pm

## SENIOR HOUSE TRIP NEWS:

**CAPE COD:** Final Payments for our June 18-22, 2012 Cape Cod Trip are due by April 15th. Checks should be made payable to "Township of Montville" and given to Nancy. For more information on this great trip check the board as there is still space available.

**PENNSYLVANIA OPRY:** Space is available for our overnight trip this October 6 & 7, 2012 to the Pennsylvania Opry in Mercersburg, PA. This trip includes transportation, overnight accommodations, dinner, brunch and ticket to "The Sweet Sounds of Patsy Cline" starring Joann Stiffler and the Opry Cast. \$129p/p. Check out board for more details.

**WILDWOOD:** We've added a 4 day/3 night trip through Senior Excursions to Wildwood this May 6-9, 2012. Trip includes transportation; hotel accommodations; 3 breakfasts; 2 dinners; cocktail party with live entertainment; one full day Atlantic City bonus package and many other local tourist visits. Sign-up today - \$199 p/p for double room.

NJ State Theatre Trip – Due to a few cancellations we now have two (2) tickets available for the March 29, 2012 "The Lord of the Dance" show at the NJ State Theatre in New Brunswick. Payments for this trip (\$45 p/p) are due ASAP to guarantee your spot. Bus will be departing the Senior House at 6pm that evening and returning approximately 11pm. Light refreshments will be served before departure. See Nancy for details.

Our March 20<sup>th</sup> St. Joseph's Day Luncheon at the Brownstone has had a few cancellations. If you would like to come let us know ASAP as space is limited. \$40 payments are due now – please make checks payable to "Township of Montville". Buses will be departing the Senior House at 10am that morning and returning at 4:00pm.

 Happy Birthday to You! March & April Birthday Breakfast will be held on Monday, March 26th at 9:30am. If you have a March or April birthday, or if you missed our February celebration don't forget to sign up!

## SENIOR CLUB NEWS:

The Montville Senior Club is always looking for new members! The Club meets the 1<sup>st</sup> and 3<sup>rd</sup> Friday of each month and sponsors many exciting and discounted trips and activities throughout the year. Initial membership is \$20 p/p dropping to \$15 p/p in subsequent years. For more information call Club Membership Director – Robert Domenick at 973-227-3011.

The Senior Club is busy putting together a full and exciting calendar for 2012. Some dates to reserve:

March 16, 2012 – St. Patrick's Day Party

April 16, 2012 – Mount Airy Casino Trip

July 11-12, 2012 – Amish Country/Sight & Sound Museum Trip

July 16, 2012 – Hunterdon Hills Playhouse

August 13, 2012 – Mount Airy Casino Trip

September 9-13, 2012 – Virginia Beach Trip

September 26, 2012 – Mount Havor Dinner Trip

October 10, 2012 – Annual Anniversary Party Dinner/Dance

November 16, 2012 – Thanksgiving Luncheon

December 9, 2012 – Annual Holiday Party @ Hanover Manor

December 21, 2012 – End of Year Luncheon

Keep checking the board for additions and changes to the schedule!

On a personal note.....

The Senior Club and Montville Senior House would like to extend our condolences to Club Member Cleave Ledford who lost his wife Chris last month. Cleave, our thoughts and prayers are with you. Our condolences also to the family and friends of Margaret Como who we lost in January. Christine and Margaret were both beautiful women and we will miss them.

*"With every friend I love who has been taken into the brown bosom of the earth a part of me has been buried there; but their contribution to my being of happiness, strength and understanding remains to sustain me in an altered world."* – Helen Keller