

MONTVILLE SENIOR HOUSE

356 Main Rd., Montville
973-299-5087

MONTHLY NEWSLETTER

This fall is a busy time here at the Senior House! In October our members enjoyed a trip to Mt. Airy Casino and a day of entertainment and lunch at the Landmark in Rutherford. The Senior Club hosted their annual Anniversary Party on October 12th at the Hanover Manor and plans are being made for their Holiday Party there on December 11. Check the bulletin boards for information on upcoming events, programs and trips.



This winter the Senior House and the Senior Club will be hosting our first annual Holiday Open House. This event is being held on Sunday, December 18, 2011 from 11am to 3pm. Seniors are invited to bring their families along for a fun holiday celebration including snacks and refreshments, door prizes and holiday photos. Bring your grandkids and great-grandkids along to see Santa and visit our great center! See Nancy for more details!

We have added a second bus and have more space now available for the St. Joseph Day Luncheon and Show at the Brownstone on Tuesday, March 20, 2012. This great day out includes bus transportation, great entertainment by Italian tenor, full hot lunch and one complimentary drink. Sign up today! \$40p/p

Please remember the Senior House will be closed on the following dates in November: Tuesday, November 8, Election Day; Friday, November 11, Veterans Day; and Thursday and Friday, November 24 & 25, Thanksgiving. Have a happy and healthy holiday!!



NOVEMBER 2011

Weekly Classes/Activities:

Tai Chi – Mondays @ 10am
Senior Exercise Class – Mondays and Wednesdays @ 11am
Balance & Strength Class – Wednesdays @ 12:15pm
Arthritis Exercise Class – Mondays @ 12pm
Beginning Line Dancing – Wednesdays @ 9:30am
Intermediate Line Dancing – 2nd & 4th Fridays @ 9:30am
Watercolor Class – Wednesdays @ 1:30pm
Mahjongg – Mondays and Thursdays @ 1:00pm
Pokeno – Wednesdays @ 12:30pm
Poker – Tuesdays @ 1pm & Wednesday Nights @ 6:30pm
Bingo – Tuesdays/Thursday @ 11am
Back-Room Bingo – 2nd & 4th Fridays @ 11am
Zumba – 2nd and 4th Fridays @ 11:30am
Knitting Club – Tuesdays @ 1pm

November Special Events:

November 4 – Senior Club Meeting – 12:30pm
November 5 – Coins for a Cause Fundraiser
November 8 – CLOSED – Election Day
November 9 – Lakeside Manor Luncheon – 8:45am departure
November 10 – Alzheimer Support Group Mtg. – 10am
November 11 - CLOSED – Veterans Day
November 14 – October/November Birthday Breakfast – 9:30am
November 18 – Senior Club Thanksgiving Luncheon – 1pm
November 24 – CLOSED - Thanksgiving
November 25 – CLOSED – Thanksgiving Holiday

SENIOR HOUSE NEWS/ANNOUNCEMENTS

Don't forget to come try out our new *Balance & Strength* Class on Wednesdays at 12:15pm. This class is designed specifically for senior citizens and incorporates balance techniques with strength exercises so over time you will notice that you feel steady and more confident when you move and engage in daily activities. This new class is being offered by our Senior Exercise Instructor, Pat Cavell.

🎵 Happy Birthday to You! October & November Birthdays are being celebrated at our Fall Birthday Breakfast. Monday, November 12, 2011 at 9:30am. Sign-up sheet is posted.



PARTY NEWS! Come if you dare! Tickets are now available for our December 9th Murder Mystery Holiday Luncheon. Join us for lunch and entertainment and help solve the mystery of the "Bad Santa". Tickets are \$3 each and space is limited so sign-up today!

NJ State Theatre Trip - There are a limited amount of tickets still available for our March 29, 2012 "The Lord of the Dance" show at the NJ State Theatre in New Brunswick. This is a 8:00pm performance of Michael Flatley's award winning Irish dance and music extravaganza and all seats are in the orchestra section. Bus transportation to and from the Senior House is included. \$45 p/p.

The Montville Township Board of Health will be providing FREE blood pressure screening here at the Senior House on Thursday, December 15, from 10:30am to 12:30pm.

SENIOR HOUSE TRIP NEWS: Initial \$100 deposits for our June 18-22, 2012 Cape Cod Trip are due by January 15th. Checks should be made payable to Township of Montville and given to Nancy. For more information on this great trip check the board as there is still space available. Our proposed March Florida trip has been canceled due to increase in air fare costs.

SENIOR CLUB NEWS:

The Senior Club will be meeting on Friday November 4 for their regular meeting and Friday November 18 for their Thanksgiving Luncheon. New members always welcome! The Senior Club has a full schedule of activities and events for their members upcoming this winter so don't forget to check the board

The Senior Club held their Annual Anniversary Party on Wednesday, October 12 at the Hanover Manor with over 175 seniors in attendance. Thank you to the board for doing an outstanding job and to all who attended!

Plans are being finalized now for our Holiday Party on December 11. Tickets are \$10 p/p for members and are still available. For more information please call LeAnn Zielinski @ 973-299-8218.

The Lakeside Manor trip on November 9th is full but names are being taken for the waiting list. Please call Anne Veneziano @ 973-402-7693 with any questions. Bus will be departing at 8:45am that morning.

The Senior Club along with Boiling Springs Bank proud to announce its Coins for a Cause initiative to benefit Montville Resident Lance Corporal Adrian Simone. On November 5, 2012 bring your change into Boiling Springs Bank on Route 202 in Montville and donate to help thank this brave young man for his service to his country. For more information call Ceil Winters.

November Trivia:

The first department store to hold a Thanksgiving Parade was:

- a. Montgomery Wards
- b. J.C. Penney's
- c. Gimbel's
- d. Macy's
- e. None of the above.