



Montville Recreation Department's
TENNIS LESSONS
Indoor Tennis & Fitness Program



WHO: Ages 5–17 and Adults, Ages 18 & up (Beginner, Advanced Beginner, Intermediate & Advanced Classes)

Ability Level Descriptions:

Beginner - Taken some or no lessons. Not yet able to hit consistently over the net.

Advanced Beginner - Taken lessons regularly for several years. Able to hit shots over the net consistently utilizing good fundamental form.

Intermediate - Taken lessons for many years, practice and play regularly. Able to serve, rally, play points control shot direction, placement & spin.

Advanced - Varsity-level or locally competitive players with many years of lessons and competitive play experience. Able to formulate and execute strategies and tactics during match play.

WHAT: FUN FITNESS—Our goal is to teach basic tennis fundamentals in a fast-paced fun environment to help our students become well conditioned, competent tennis players for life!

PLEASE BRING: Racquet. Sneakers. Shorts or Sweats. Water. Smiles!

LOBBY ACCESS/VIEWING PROTOCOLS for Children's Classes:

Please arrive close to your start time & wait outside for Pros to escort the kids in. Once the kids are in, you may enter to enjoy watching (one parent per household please). Exit the lobby prior to the class ending & wait outside for Pros to escort the kids out. THANK YOU!

WHEN:

| SESSION | AGES | LEVEL | DAY | DATES | TIMES | COST |
|---------|------------------|--|-----------|-----------------------------------|-----------------|----------------|
| 1 | Ages 10-13 | Advanced Beginner | Mondays | Sept 11–Dec 18 (No: 9/25 & 10/9) | 4:30pm-5:25pm | \$410–13 weeks |
| 2 | Teens–Ages 13-18 | Advanced Beginner & Intermediate | Mondays | Sept 11–Dec 18 (No: 9/25 & 10/9) | 5:30pm-6:25pm | \$410–13 weeks |
| 3 | Ages 9-12 | Advanced Beginner | Thursdays | Sept 14–Dec 14 (No: 11/23) | 5:00pm-5:55pm | \$410–13 weeks |
| 4 | Ages 5-8 | Beginner & Advanced Beginner | Saturdays | Sept 16–Dec 16 (No: 10/7 & 11/25) | 10:30am-11:25am | \$380–12 weeks |
| 5 | Ages 9-12 | Beginner, Advanced Beginner & Intermediate | Saturdays | Sept 16–Dec 16 (No: 10/7 & 11/25) | 11:30am-12:25pm | \$380–12 weeks |
| 6 | Teens–Ages 13-18 | Beginner, Advanced Beginner & Intermediate | Saturdays | Sept 16–Dec 16 (No: 10/7 & 11/25) | 12:30pm-1:25pm | \$380–12 weeks |
| 7 | Ages 5-6 | Beginner | Sundays | Sept 17–Dec 17 (No: 10/8 & 11/26) | 12:00pm-12:55pm | \$380–12 weeks |
| 8 | Ages 7-8 | Beginner & Advanced Beginner | Sundays | Sept 17–Dec 17 (No: 10/8 & 11/26) | 1:00pm-1:55pm | \$380–12 weeks |
| 9 | Ages 9-10 | Beginner & Advanced Beginner | Sundays | Sept 17–Dec 17 (No: 10/8 & 11/26) | 2:00pm-2:55pm | \$380–12 weeks |
| 10 | Ages 11-12 | Advanced Beginner | Sundays | Sept 17–Dec 17 (No: 10/8 & 11/26) | 3:00pm-3:55pm | \$380–12 weeks |
| 11 | Teens–Ages 13-18 | Advanced Beginner | Sundays | Sept 17–Dec 17 (No: 10/8 & 11/26) | 4:00pm-4:55pm | \$380–12 weeks |
| 12 | Adults/18 & up | Advanced | Tuesdays | Sept 12–Dec 12 | 7:30pm-9:00pm | \$650–14 weeks |
| 13 | Adults/18 & up | Beginner | Thursdays | Sept 14–Dec 14 (No: 11/23) | 6:00pm-7:00pm | \$410–13 weeks |
| 14 | Adults/18 & up | Advanced Beginner & Intermediate | Thursdays | Sept 14–Dec 14 (No: 11/23) | 7:00pm-8:00pm | \$410–13 weeks |
| 15 | Adults/18 & up | Advanced Beginner | Saturdays | Sept 16–Dec 16 (No: 10/7 & 11/25) | 1:30pm-2:30pm | \$380–12 weeks |
| 16 | Adults/18 & up | Intermediate | Saturdays | Sept 16–Dec 16 (No: 10/7 & 11/25) | 1:30pm-2:30pm | \$380–12 weeks |
| 17 | Adults/18 & up | Beginner | Saturdays | Sept 16–Dec 16 (No: 10/7 & 11/25) | 2:30pm-3:30pm | \$380–12 weeks |

***** REGISTRATION DEADLINE is Thursday, August 31st @ 12pm!!!
 CLASS SIZE IS VERY LIMITED!!! FIRST COME, FIRST SERVE!!! *****

WHERE: The Knoll Indoor Tennis Club, 1130 Knoll Road, Lake Hiawatha, NJ 07034. 973-335-6200.

INSTRUCTORS: Mitch Rubenstein (PTR certified instructor) and his team of coaches.

FEE: See Chart Above. **NOTE:** There will be a \$20.00 processing fee for program refunds PRIOR to program start!
NOTE: No refunds, credits, or makeups for classes you miss!

PAYABLE TO: Montville Recreation (located at 195 Change Bridge Road in Montville)

REGISTRATION PROCEDURES:

- In Person at Rec Desk Kiosk during office hours of Monday through Friday: 8:30am to 4:30pm. (Check, Cash with No Fees and/or Credit Card with a 3% Fee)
- On-Line from Home (Echeck with 1% Fee OR Credit Card with 3% Fee)

OR 3. Payment Drop Box in Municipal Building's Parking Lot (Check Only....must have family page set up on Community Pass)

For On-Line Registration !!! Go to the town's website at: <http://www.montvillenj.org/RecRegistration>
 To Download Registration Forms go to: <http://www.montvillenj.org/RecFlyers>

CLASS SIZE IS LIMITED !!! FIRST COME, FIRST SERVE !!!

QUESTIONS ??? Call Recreation: (973) 331-3305 OR Visit our Website: www.montvillenj.org



LIKE us on FACEBOOK at: <https://www.facebook.com/Montvillerec/>



TENNIS LESSONS (Indoor) — Fall 2023

****NOTE: If coming to the Rec Dept, you will register directly on the Kiosk at the Rec Desk. No need to fill out paperwork!**

Participant Name _____ Age _____ D/O/B _____ Grade _____ School _____

OR
 Adult Participant _____ Age _____ D/O/B _____ Cell Phone _____

Address _____ Town _____ Home Phone _____

Primary Contact Name/Relation/Cell Phone # _____

Secondary Contact Name/Relation/Cell Phone # _____

E-Mail/s (Please print clearly! Distinguish b/w letters & numbers!) _____

Emergency Name & Phone # (IF the above cannot be reached) _____

INDICATE SESSION NUMBER/S: 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17

Please list any special needs that you or your child may have that will assist us in providing a successful experience:

I understand that the Recreation Department **DOES NOT** provide accident insurance.
 If under 18 years of age, my child has my permission to participate in this class.

Parent/Guardian **OR** Participant Signature (If over 18 yrs) _____ Date _____

FOR OFFICE USE (8/9/23): Fee Paid _____ Cash _____ Check _____ Date _____ Received By _____ **Program # 845**