



Monthly Newsletter

Montville Senior House

May
2022

Senior House News & Information

Happy Spring! We are taking advantage of the happily anticipated warmer weather and are working hard at putting together an exciting calendar for

2022! **Please remember to check the bulletin board in the main room regularly for sign-up sheets, trip information and special notices!** You can also find our updated calendar and Newsletter on the Township website www.montvillenj.org and check out our Facebook page for news and information.

The Senior House was happy to have local entertainer Anthony Duke Claus here on April 8th for a live concert. Keep an eye on the board so you don't miss out on any upcoming events!



Please sign up for our Tuesdays and Thursdays BINGO & lunch and take advantage of this program designed to offer a social atmosphere for our seniors. Grab your friends and join us for lunch and laughs. If you are new to the program or have questions give Nettie a call at 973-316-8560.

We also wanted to let our members know that we have availability for the back room on Wednesday and Thursday afternoons for small group gatherings. We ask that when you use the room to please sign-in as we are now reporting exact numbers of attendees to the Township and need an accurate count of people in the building.

Senior Club News

The Montville Senior Citizen Club is open to Montville Township residents 55+ and offers a wide variety of

programs, parties & social events, and trips at an affordable and appropriate cost. They normally meet at 1pm on the 1st and 3rd Friday of each month at the Montville Senior House located at 356 Main Road, Montville. If you would like more information on the Senior Citizen Club contact Membership Director, Bob Domenick at 973-227-3011.

Special thanks to club member Betty Bowers for sharing stories from her amazing travel history! This published author, noted activist, nurse and all around smarty-pants spoke at the Club's 4/1 meeting. We would also like to thank Lina Cononaco's granddaughter Isabella who spoke to us



on Earth Day about her Bee Keeping and the importance of these amazing insects to the health of our planet. The Club continues to host interesting and entertaining speakers throughout the year.

Class Schedule

Monday	10:30am	Tai Chi	\$3 p/c
Monday	11:30am	Sr Aerobics	\$3 p/c
Monday	1:00pm	Chair Yoga	\$3 p/c
Wednesday	9:30am	Line Dancing	N/C
Wednesday	11:30am	Sr. Aerobics	\$3 p/c

Upcoming Events

Friday, 5/13/22 – Senior House presents “Jazz, Pop & Rock – The NJ Connection”. Walter C celebrates NJ’s contributions to American Music of the 20th Century

Friday, 5/27/22 – Senior House Memorial Day Celebration – 1pm – Details to follow.

Wednesday, 6/8/22 – Senior Club Anniversary Luncheon @ The Hanover Manor***

Friday, 6/10/22 – Senior House Monmouth Park Raceway Trip. A day at the races! Includes coach transportation, private climate-controlled room, private betting window, lunch & open bar. \$50 p/p **PAYMENT REQUIRED NOW – TRIP FULL**

Wednesday, 6/22/22 - Senior Club First Avenue Playhouse Trip – details on board.***

Friday, 7/8/22 – Senior House presents “Founding Mothers” by Walter C. Join Walter as he discusses the influences the wives of our Founding Fathers had on the molding of a new nation. 1pm

Friday, 7/29/22 – Senior House Robin Fox Comedy Show Luncheon – 1pm

***For more information on Senior Club Trips please contact Diane @ 973-316-8394.

MARK YOUR CALENDARS! The Senior House will be closed Monday, May 30, 2022 in observance of Memorial Day.

AROUND THE TOWN

Kelley from Recreation will be at the next Senior Club Meeting on May 6th to take registrations and give information on the Recreation Senior Bocci League. Stop by and talk to Kelley before the meeting or give her a call at 973-331-3305.

The State of NJ’s ban on single use paper and plastic bans begins on May 4th. This law bans all single use plastic bags and polystyrene food containers in all stores and food service businesses. This ban applies to plastic straws as well and stores under 2,500 square feet may allow purchase of paper bags.

The Montville Health Department holds free clinics and wellness checks throughout the year. Please check the Montville Twp Websites for updates on upcoming events.



Montville Twp’s Annual Memorial Day Event is being held on Monday, May 30th at 11am at the Community Park

Tank Monument, 132 Changebridge Road. This year’s event will pay special tribute to the Montville VFW Gold Star Family Members.

On a serous note.....

“To live in the hearts we leave behind is not to die.”

– **Thomas Campbell**

It is with a heavy heart we let you know of the passing of long-time member Alfon Valor. Alfon was a beloved member of the Montville Community for over 60 years and a joy to all who knew him. Our condolences to his friends and family.